



October 2009

Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<p>More Info...</p> <p><i>Available Daily:</i></p> <p>Skim Milk, 1% White, and Low Fat Chocolate Milk</p> <p>An Assortment of Fresh Fruits Daily</p> <p>Prices: Adult: \$1.50 Student: \$1.50 Reduced: .30</p> <p>Questions and Concerns: Please Contact:</p> <p>Lynne Rooney Foodservice Director</p> <p>rooney-lynn@aramark.com</p> <p>Foodservice Office: 233-1920 x 2654</p>
5 Cheese Pizza Egg & Cheese / Bagel Fresh Apple Apricots Apple or Orange Juice	6 Cheerios or Raisin Bran w/Bun Breakfast Burrito Fresh Orange Raisins Apple or Orange Juice	7 French Toast Sticks /Sausage Fresh Apple Peaches Apple or Orange Juice	8 Scrambled Eggs w/Toast Fresh Orange Raisins Apple or Orange Juice	9 Pancakes w/Sausage Fresh Apple Apricots Apple or Orange Juice	
12 NO SCHOOL HOLIDAY	13 Egg & Cheese On Muffin Fresh Apple Apricots Apple or Orange Juice	14 Cheddar Cheese Omelet W/Toast Fresh Orange Raisins Apple or Orange Juice	15 Strawberry Yogurt w/Bagel Pancakes w/Sausage Fresh Apple Peaches Apple or Orange Juice	16 French Toast Sticks Fresh Orange Fruit Cup Apple or Orange Juice	
19 Cheese Pizza Fresh Orange Raisins Apple or Orange Juice	20 Egg & Cheese/Bagel Fresh Apple Apricots Apple or Orange Juice	21 Pancakes w/Sausage Fresh Orange Pineapple Apple or Orange Juice	22 Cheerios or Raisin Bran w/Bun Egg & Cheese/Muffin Fresh Apple Raisins Apple or Orange Juice	23 Scrambled Eggs w/Toast Fresh Orange Apricots Apple or Orange Juice	
26 Cheerios or Raisin Bran w/Bagel French Toast Sticks Fresh Apple Raisins Apple or Orange Juice	27 Egg & Cheese On Muffin Fresh Apple Apricots Apple or Orange Juice	28 Cheddar Cheese Omelet W/Toast Fresh Orange Raisins Apple or Orange Juice	29 Strawberry Yogurt w/Bagel Egg & Cheese/Muffin Fresh Apple Peaches Apple or Orange Juice	30 Pancakes w/Sausage Fresh Orange Fruit Cup Apple or Orange Juice	

RINR Breakfast Menu for Nicolas A. Ferri Middle School



Special News...

With all entrees students may choose up to 3 sides from fresh fruits such as bananas, apples, or oranges, juice, and milk!

Menus are subject to change without notice.

